

Important information for new patients of the ALPSTEIN CLINIC in Gais

(Basic concept, insurance, cost, and organizational questions)



Dear Patient,

A warm welcome to the Alpstein Clinic!

We look forward to your registration and would like to welcome you to our holistic medical facility. We kindly ask you in advance to take a few crucial minutes to read through this information. It is very important we clearly communicate to you accurately how the ALPSTEIN CLINIC functions to avoid from the beginning any potential misleading expectations and misconceptions. The health care system (health insurance) in Switzerland requires clear understanding of how it operates.

The BASIC CONCEPT of the ALPSTEIN CLINIC

Surely you have already inquired about our center BEFORE your registration or it has been recommended to you or you have „heard“ about us through other channels, which we are very pleased about. The ALPSTEIN CLINIC in Gais is a „consistently holistic medicine-oriented facility“ of physicians and dentists. Diagnostically as well as therapeutically, we work according to the principles of evidence-based (scientifically founded) medicine and empirical medicine. The focus of our clinic is on treatments and therapies for chronic illnesses, as well as tumor diseases, which we offer for all age groups. We search for the actual and underlying causes of the disease, followed by an individually adapted therapy.

Any conventional medical findings and results (diagnoses, tests or other) you already have available to you form an important basis for us and should be communicated in advance of the initial consultation. We are NOT an institution of basic care (conventional family and specialist medicine) but are to be regarded as an extended special facility.

Your FIRST TIME in the ALPSTEIN CLINIC

During an „initial consultation“ we take our time, a lot of time and maybe even a little more time. YOU, as our patient, are very important to us; YOUR information and YOUR story is the basis for the protocols and procedures as well YOUR future health. We collect all relevant information from your medical history, review the findings already available to you, and then carry out a comprehensive WHOLE HEALTH EXAMINATION. Following the initial consultation, the recommended laboratory diagnostics (carried out by our laboratory partners such as Unilabs) are communicated and often combined with a vital blood microscopy (dark field microscope). Finally, we recommend a prompt appointment to discuss the findings (usually in person, but also possible via telephone consultation).

Depending on the problem and the analyses, we may recommend follow-up consultations, possibly also targeted nutritional counseling, and an important additional appointment in the „holistic dental department“ and, if necessary, initial therapies. As you can already see, we spend more time on YOU as a patient during the initial admission / consultation than you may have ever experienced at other health care facilities. The ALPSTEINCLINIC is NOT a „normal“ healthcare facility.

COSTS / COST ASSESSMENTS of the health insurance companies in Switzerland

Unfortunately, the „basic insurance (KVG, TARMED tariff)“ covers only a fraction of the costs for the consultation (20 minutes), general examination (5-10 minutes per quarter) and laboratory diagnostics. We at the ALPSTEIN CLINIC therefore mainly bill via the so-called „tariff 590“ (supplementary insurance, VVG) and thus finally via the „private share“. As already mentioned, we take our time with you, which in the case of a first consultation can take up to 60 minutes. Otherwise, we are not in the position to get an appropriate picture

to be able to assist you adequately. We want to understand YOUR story! In the case of complex, chronic illnesses and/or cancer treatments, we recommend you are prepared for laboratory costs in the range of CHF 500.00 to CHF 3'000.00.

This is of course an approximate range, for which your medical history is important and serves as a basis. The reason for these laboratory costs are the various parameters of special diagnostics (infections, toxin analyses, immunodiagnostics, microbiological analyses and others), which are often analyzed and performed by specialists. The Swiss laboratory Unilabs is a very important partner in this regard.

Our wide therapeutic range of medical treatments, infusions, injection protocols, hyperthermia and fever therapy, as well as INUSpheres® as a highly effective detoxification procedure are unfortunately for the most part not services that are paid for by the basic insurance (KVG) and are therefore only partially, or not at all, reimbursable by the VVG (supplementary insurance). We therefore operate mainly in the area of private services.

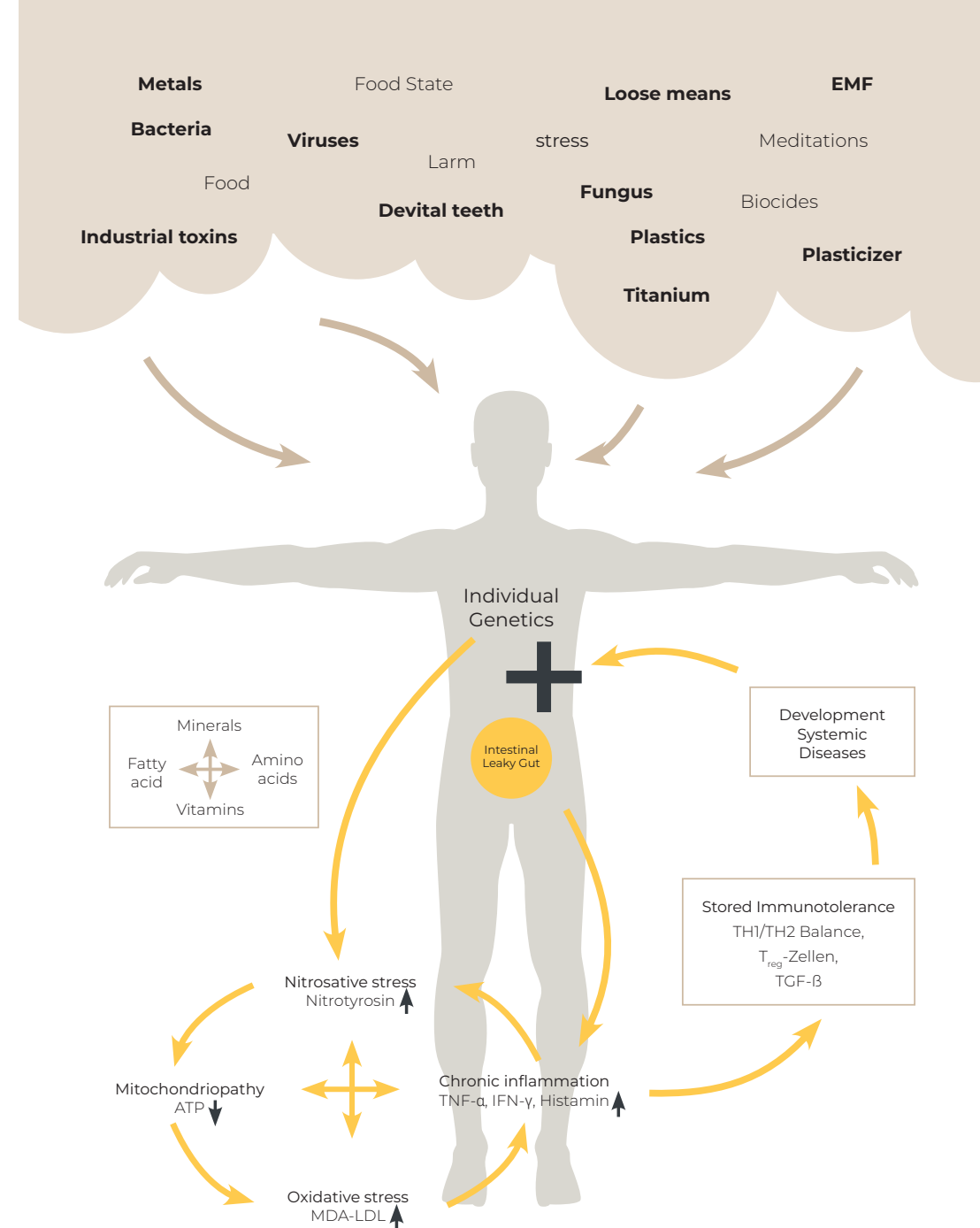
However, an individually assigned use of these treatment procedures is often necessary in order to achieve sustainable therapeutic success. Finally, there are also some favored naturopathic medicines (phytotherapy, homeopathy, spagyric, organotherapeutics, isopathic and anthroposophic remedies) as well as the extensively used orthomolecularia that are subject to significant restrictions in the assumption of costs by the health insurance companies.

We would like to mention in detail we are very open to all „insurance classes“, but with regard to the assumption of costs by the health insurance companies, which is rather low, we act in many respects as a private clinic and are therefore regarded as such. It is very important for us that our patients are completely aware of this fact prior to starting at the clinic. We would like to avoid any mislead expectations. All patients are welcome to visit us!

Importance of DENTAL MEDICINE at the ALPSTEIN CLINIC

As the following diagram illustrates, a wide range of disruptive and stress factors from the dental/jaw area can promote, cause and maintain a chronic disease. Accordingly, it is an integral part of our holistic approach to include biological dentistry both diagnostically and therapeutically.

Even if you already have a dentist you trust, we still recommend that you obtain a competent second opinion at the ALPSTEIN CLINIC. In this way you support YOUR health and prevent potential harmful repercussions. We are convinced that along with our competent dentists, together with our general practitioners, we will gain your trust.



Presentation of the manifold Influence of toxins, inflammations and materials on the whole-body health from the oral region. Without the inclusion of the holistic-biological dentistry, a sustainable therapeutic success of the therapy is not possible.

Closing words

We would like to take this opportunity to thank you for taking the time to read this very important overview regarding the comprehensive preparation required before visiting the Alpstein Clinic. We assure you we will do the very best possible to help you improve your health concerns or assist you BEFORE you have health problems.

YOUR health and wellbeing matter to us!

The doctors and the entire team of the ALPSTEINCLINIC



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